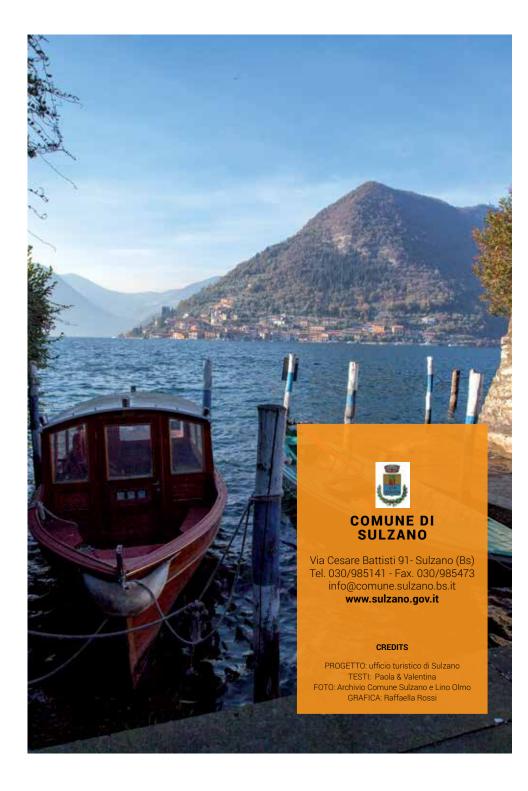


#### **TOURIST GUIDE**







## SULZANO

#### **BACKGROUND HISTORY**

Sulzano derives its name from Sulcius or Saltius. It is located in an area where there was once an ancient Roman settlement and was born as a lake port for the area of Martignago.

Once, the fishermen's houses were dotted along the shore and around the dock from where the boats would leave to bring the agricultural goods to the market at Iseo and the materials from the stone quarry of Montecolo, used for the production of cement, would transit through here directed towards the Camonica Valley.

At the beginning of the XVI century, the parish was moved to Sulzano and thus the lake town became more important and bigger than the hillside one. During the XVII Century, many mills were built to make the most of the driving force of the water that flowed abundantly along the valley to the south of the parish.

The Nineteenth century saw the development of many activities like silkworm rearing, wool and silk processing, cotton spinning and the making of nets. The textile sector benefited greatly from the construction of the coastal road and railway line thanks to which communications between Brescia and the Camonica Valley became much quicker and soon small workshops were turned into actual factories providing a great deal of employment.

Along with the economic growth came wealth and during the Twentieth century the town also became a tourist centre with new hotels and beach resorts. Many were the noble and middle-class families, from Brescia and also from other areas, who chose Sulzano as a much-loved holiday destination and readily built elegant lake-front villas.

Sulzano is a village that overlooks the Brescia side of the Iseo Lake





# **DISCOVERING THE AREA**

# Sulzano is an ancient village surrounded by the mountains and overlooking the clear blue waters of Lake Iseo.

Rediscovering those ancient traditions and atmospheres that for centuries have been part of the history of Sulzano, with its simple elegance, is an experience worth making.

During the Twentieth century, thanks to the development of navigation and the improvement of the communication channels, Sulzano becomes a new tourist destination. The elegant Art Nouveau villas with their splendid gardens overlooking the lake are certainly a proof of this.

Today, Sulzano comprises the villages of Tassano, Martignago, Gazzane and Nistisino, and has become famous all over the world also thanks to the art installation featuring "The Floating piers". The walking tour of Sulzano starts at **Piazza 28 Maggio**, in front of the Town Hall. You then go down towards the lake where, near the present-day port and jetty, you take the ancient and typical Via Punta, now Via Cadorna

Walking along the Via you will immediately sense the atmosphere and charm of the past. Soon you reach the old port with its eighteenth century **"Chiesetta della Visitazione"** (Church of the Visitation) inside of which there are frescoes attributed to Domenico Voltolini and you can admire the "lance", typical boats of this area.

If you cross Via C.Battisti you'll find yourself in the heart of Sulzano with its **Parish Church of St. George.** 



Walking along Via Molini you can admire the ruins of the ancient factories accompanied by the sound of the waters of the Molini stream. Continuing along Via Diaz you reach the **Church of St. Fermo**, built on a hill near the ancient Valeriana road.

When in Sulzano a walk inland is a must, as well as excursions to Nistisino and a visit to the **Shrine of Santa Maria del Giogo**, that stands at a height of 968 metres, where you can enjoy a spectacular view of the lake.





#### The historical villas

The many stately villas overlooking the lake are best admired from the water. These villas, surrounded by luxuriant gardens and all with their own jetty, were mostly built between the XIX and XX Century. Some of the most interesting are:

• Villa Carini built in 1888, unmistakable with its mountain chalet style decorations;

• Villino Monti with its eclectic details and rough-hewn stone block cladding by the sculptor Monti from Cremona;

• Villa Frigerio with its elaborate wrought irons;

• Villa Serlini, also known as Villa Alzira, commissioned to the renowned architect Antonio Tagliaferri in 1909.

## The churches



architect Antonio The Turbini began building the parish Church of St. George in 1726. The single nave church with its Baroquestyle facade, holds frescoes and allegories carried out by a workshop of travelling painters from Lombardy. The organ, built in 1840-45, is the work of Angelo and Aurelio Bossi while the high altar, with its multicoloured marble belongs to D. Carboni from Brescia

VISITING INFORMATION: Via Dante, 2 / open only in summer every day from 9.00 am to 6.00 pm

#### The Church of Saints Faustino

and Giovita rises among the houses of the village of Tassano. Construction work on the church began in the XV century and it is located on Via Valeriana with the front facing the lake thanks to a simple portal.

VISITING INFORMATION: Via Tassano, 104 advance booking required



The Church of St.Fermo, dedicated originally to Saints Ippolito and Cassiano, is located in Gazzane near the Via Valeriana, the road that for centuries connected the Camonica Valley with the city of Brescia. Inside this church we can admire the painted "tavelle" (tiles) and the marble high altar, where the neo-Gothic style wooden statue of St. Fermo holding a sword, is kept.

VISITING INFORMATION: Via Gazzane, St. Fermo, advance booking required VISITING INFORMATION: Via Santa Maria, Polaveno Sunday, 4.00 pm Mass.

The shrine of Santa Maria

del Giogo is in Polaveno,

at a height of 968

metres. It can be reached

between the Sebino.

the Trompia Valley and

Brescia. Inside the shrine.

the recently restored

frescoes, dated between

the XIV and XV Centuries

are an expression of the

people's devotion to the

Virgin Mary on the throne

the

trails

following

with Child





## THE TYPICAL FOOD OF THIS AREA: OIL, SARDINES AND SALAMI

When visiting Lake Iseo you come face to face not only with nature, history and culture but with a valuable culinary tradition as well. Letting yourself be led by the flavours and scents of the local dishes that have been handed down through generations, is pure bliss.

The PDO Extra Virgin Olive Oil of Sebino is simply extraordinary. It is produced on the shores of Lake Iseo, and is immediately discernible thanks to its special organoleptic features: low acidity level and a particularly fruity taste.

**Sun-dried sardines**, fished in local waters are another typical product of Sebino. These sardines, either sun-dried or charcoal grilled have a strong and intense taste and are seasoned with oil, garlic and parsley and served with polenta.

**The salami of Monte Isola** too is part of the ancient local traditions. An excellent product with a unique taste owing to the quality of the meat and the mincing of the finished cut.



### PDO EXTRA VIRGIN OLIVE OIL OF SEBINO

Olive growing is at its most conspicuous in the villages surrounding Lake Iseo. Thanks to the mild climate the extra virgin Olive Oil produced has a low acidity level (less than 0,2%)





# THINGS TO DO



## Excursions, sports, beaches and tastings

Sulzano, with its position between the lake and the mountains, offers many activities and excursions. **There are two main routes** that set off from the square in front of the Railway Station: **GREEN**, follow it to discover the town and the Via Valeriana; **RED**, going uphill takes you towards Nistisino, Santa Maria del Giogo and it reconnects with the main CAI (Italian Alpine Club) trails, like the 3V. The farms and the olive mills dotted around the area offer **visits and tastings of local products**.

For those who love being outdoors, Sulzano offers three public areas where you can relax and enjoy the lake: **Spiagge Vertine (Vertine Beach)- Spiaggia torrente Mesagolo (Mesagolo stream Beach)- Municipal Lido**. Among the many sports you can play in this area, there's also **sailing, wakeboard, archery and hang-gliding**.



## The Ancient Via Valeriana route

Sulzano is merely one of the villages encountered following the route of the **Ancient Via Valeriana**, a road that dates back to Roman times and that, for centuries, connected the Camonica Valley with Brescia.

For those who wish to be at one with unspoilt nature, among ancient villages, new settlements and mountain meadows, between the Prealps around Brescia and the waters of the lake, taking a long walk along the Ancient Via Valeriana route is certainly a worthwhile experience.

The itinerary is 24,3 km long and takes approximately 9 hours. In some places,



it is a very simple walk, ideal for families and whoever wants an unforgettable experience. The starting point of the Via Valeriana is Pilzone, which is part of Iseo, while the arrival is at Pisogne. You can take the Via Valeriana in different steps and it has various difficulty levels.

Information and a map of the area can be downloaded from the website http://www.iseolake.info/images/info/ perilturista/cartine/Anticastradavaleriana.pdf

# SULZANO: HOW TO REACH IT

#### BY CAR

Highway A4 exits: Rovato for Milan, Brescia West for Venice. Highway A21 exit Brescia Centre Then follow the directions for Lake Iseo with exit at Sulzano. Parking available in the area



BY TRAIN

Trenitalia and Trenord railway line Direction Milan- Venice change at Rovato or Brescia. Connection with the Brescia - Iseo – Edolo line, station of Sulzano. For information: www.trenord.it

#### BY FERRY

Regular public service - Navigazione Lago d'Iseo. Departures from and to all major ports of the Lake and cruises Port of Sulzano, Piazza 28 Maggio. For information: www.navigazionelagoiseo.it

#### BY BUS Regular p

**A** 

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Regular public service- FNMA - Line F27 Brescia - Edolo Stop: Sulzano in front of the Town Hall. For information: www.arriva.it

#### BY BICYCLE

The Greenway of Oglio – stretch cycle path on the coastal road of the lake, a 280 km route that connects the Tonale with the Po Valley. For information: www. cicloviafiumeoglio.it

#### ON FOOT

Ancient Via Valeriana – 1st stop Pilzone-Tassano to reach the centre of Sulzano go along Via Camontaro or go to the Church of St. Fermo and follow the GREEN or RED route until you arrive at the square in front of the Station.



## THE THREE ISLANDS ON THE LAKE

Sulzano is the village closest to the three islands on Lake Iseo, and is therefore a stop-gap for the many tourists that wait on the pier for the ferry taking them to **Monte Isola**, the largest populated lake island in Europe.

If you wish to reach the Island (Peschiera Maraglio) a ferry leaves from Sulzano every 20 minutes during the day and every 40 minutes at night-time.

Both north and south of Monte Isola you'll find other two treasures: the small but very beautiful islands of **Loreto and St. Paul**, that once belonged to monastic orders but have now been turned into private properties. The best way to admire these splendid islands up close is by taking a cruise on the lake.



# Sulzano and The Floating Piers 18.6-3.7.2016

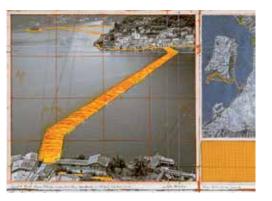
Floating like a soul that comes to life, in an everchanging hue of colours, from 18 June to 3 July 2016, **The Floating Piers** project by the artists **Christo and Jeanne-Claude** gave new meaning to Lake Iseo.

Thanks to a modular system of floating piers between Sulzano, Monte Isola and the island of St. Paul more than one million tourists were able to actually walk on water, surely a once-in-a-lifetime experience and the area around Lake Iseo quickly became famous worldwide.



Projects only come to life for a very brief moment because no one can own them. And just like a moment in our life, the work of art is the journey "

Christo - July 2016









## SOME DATA OF THE EVENT:

**200.000** High density polyethylene cubes

**75.000** Square metres of fabric

**03** 3 km of piers 16 metres in width

50 cm the height of the bridge

**384** the lifetime hours of the work

**16** the number of days it was held

**01** work entirely financed by the artist

1.400.000 number of people



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www.iseolake.info